

+ Orthodoxy—the faith that began with Christ and his Apostles and continues till the end of time +

## Orthodox Parish of St Helen of Colchester

Antiochian Archdiocese of the BI & Ireland  
NEWSLETTER 209 MAY 2014



### Honouring our local Saints—join the Barking Pilgrimage

Barking today is in Greater London, just this side of the centre.

We are joining the annual Pilgrimage to the Orthodox Saints associated with the ancient Monastery there, which was founded in the seventh century.

St Erkenwald (later Bishop of London) was the founder, and he put his sister St Ethelburga in as first Abbess, with St Hildelitha as her spiritual mother—she became second Abbess.

The pilgrimage is always on the second Saturday of May. This year we are privileged to have Metropolitan Kallistos addressing us on *What is a Saint?* He is a stimulating speaker, well-known throughout the Orthodox world.

Do join us. Barking Abbey ruins are attractive, and we can go in the lovely church next door if it is wet.

Here are some attractive English Saints who will lead us to Christ, and assist us with their prayers.

Father Alexander



### Pilgrimage in honour of the Saints of Barking Saturday 10 May

12.30-4.30

Bus from St Helen's 10.15 am, £15 per head,  
Families cheap rate, Students £10. Return  
by 6.00 pm. Names on list in Church or by  
phone/email.



### New Holy Doors for St Helen's

I am delighted with the new Holy Doors, and hope you like them. They have been made in oak by Mike Rouse of Clacton at a cost of £1,100.

The temporary Icons, showing the Four Evangelists, have been mounted by Fr Stephen Weston in Norfolk.

When we can, we will replace them with originals. I hope this will be soon, and would like to have the Annunciation in the top spaces. The picture shows the door above them shut, to secure the Altar.

I already have some gifts towards the cost, but need more to pay for both the Doors and Icons.

If anyone would like to contribute, please would they let me know.

*Sadly, by the way, we have had further thefts, so that at the time of writing the main church doors are locked unless someone responsible is present.*

HOLY LITURGY  
CLACTON  
Saturday  
17 May  
10.00 am

The Holy Doors  
symbolise the stone  
outside the Tomb of  
Christ, and the  
gateway to heaven.

### MAY WEEKDAYS AT ST HELEN'S

9.30 AM HOLY LITURGY

Thursday 8th

St John the Theologian

Wednesday 14th

Mid-Feast of Pentecost

Wednesday 21st

SS Constantine & Helen

Thursday 29th

Ascension of our Lord

### Feast of Saints Constantine and Helen

Tuesday 20 May

6.00 pm

Great Vespers  
and Refreshments

Just come along

Wednesday 21 May

9.30 am

Divine Liturgy  
and Lunch

For Lunch give in your name by Sunday before

### St Elizabeth Sisters from Minsk visit St Helen's on

Thursday 15 May, 2.00 pm

It has been several years since they last came here with their wares to support their excellent work with alcoholics and others in need. Do come along and look at their church vestments and furnishings and little items to buy as presents. We have not always found them cheap, but always good and attractive. (They like cash, by the way.)

### St Helen's Chapel, Maidenburgh St, High St

St Helen's is 200m. down behind the George Hotel in the High Street, but accessible from there only on foot. By car: leave Middleborough Roundabout (between dual carriageways Westway and Balkeme Hill), to Northgate; go straight along St Peter Street to Castle Park; continue round, up into Maidenburgh Street. Nunns Road NCP is the nearest car park.

Saturday: Great Vespers usually 4.30 pm (check before coming)

Sunday: Hours 10.15 am, Divine Liturgy 10.30 am

Confessions: Saturday 5 pm, after Vespers, or by arrangement  
Holy Marriage, Baptism, Funerals, Memorials etc: by arrangement

Parish Priest: Father Alexander (Alistair) Haig

17 Maidenburgh Street, Colchester CO1 1UB

Tel: 01-206-530-530 Mob: 07-947-047-201 Eml: parishpriest@orthodoxcolchester.org.uk

Rdr Andreas Moran, 6 Woodlands, Welshwood Park CO4 3JA Tel: 01-206-865-697

Rdr Alexander Haig Jnr, detached service in Winchester parish

Churchwardens: David Davies 01-473-745-167 Dusan Radunovic 01-206-710-073

The Parish of St Helen is Registered Charity No. 1134418

Parish Website: <http://www.orthodoxcolchester.org.uk>

(At St James Anglican Church, Beatrice Rd, Clacton-on-sea CO15 1LE

Divine Liturgy: usually third Saturday 10.00 am

