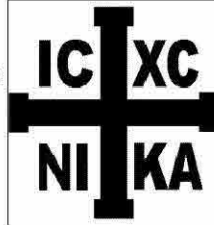


+ Holy Orthodoxy: a glorious Faith, ever-old, ever-new! +

Orthodox Parish of St Helen of Colchester

Antiochian Orthodox Christian
Archdiocese of the British Isles and Ireland
Metropolitan: His Eminence Archbishop Silouan
NEWSLETTER 231 MAY 2016



Christ brings the Resurrection life to us all

When Christ rose from the dead on Holy Pascha it was not just for himself alone. "In Christ shall *all* be made alive," says St Paul.

This means that *you and I* are changed by the events of that Easter night.

We receive a new life: a completely new slant on all life and death affects *us and the whole of existence*.

Our life and our death are transformed. In as far as we, still in this world, live our life in Christ, we share the life of eternity.

Father Alexander



GREAT AND HOLY WEEK

GREAT & HOLY WEDNESDAY, 27 APRIL

Holy Anointing 6.00 pm

GREAT & HOLY THURSDAY, 28 APRIL

Gt Vespers & Holy Liturgy of St Basil 9.30 am

Mattins of the Twelve Gospels 6.00 pm

GREAT & HOLY FRIDAY, 29 APRIL

Royal Hours 8.30 am

Great Vespers & Deposition 3.00 pm

Mattins & Burial Procession 6.00 pm

GREAT & HOLY SATURDAY, 30 APRIL

Gt Vespers & Holy Liturgy of St Basil 9.30 am

Reading of Acts 10.30pm

Midnight Office 11.30 pm

HOLY PASCHA, 1 MAY

Resurrection Procession & Mattins 12 midnight

Holy Liturgy of St John 1.00 am (till 2.15)

No late morning Liturgy, nor Lunch

Paschal Vespers 3.00 pm

BRIGHT FRIDAY, LIFE-GIVING SPRING, 6 May

Holy Liturgy & Blessing of Water 9.30 am

CONFESSIONS: After any service or by arrangement
GIFTS FOR FLOWERS: Khouria Hilary will receive donations
EPITAPHION FLOWERS: Women & girls invited to prepare the Epitaphion on Holy Friday 9.30 am.

Church Giving Sunday Fr Philip Hall's visit was a very happy occasion and resulted in commitments which will give a total income of over £5000 per year, including Gift Aid. Thank you to all who committed themselves. Now we must address worshippers who were unable to get to church here that Sunday and encourage them to consider this method of giving.

Archbishop celebrates our Patronal Feast with us—book the weekend 20-22 May

His Eminence Metropolitan Silouan will serve the Holy Liturgy for SS Constantine & Helen on Saturday 21 May here in Colchester, and again on the Sunday. Sayedna did make a very brief visit here just a few days after his enthronement, but this will be his first formal visit to this Parish. A *provisional* programme is set out right: watch out for alterations.



SS Constantine & Helen are usually venerated together in the Orthodox Church, but in the West St Helen was generally venerated on her own. In the Western tradition both were claimed as British, born in Colchester. 21 May is Constantine's date of repose, in 327. As Helen receives little mention in the services of 21 May, we in this Parish keep both this day, and also her day of Repose, 18 August - probably in 329.

HOLY LITURGY
CLACTON
Saturday
28 May
10.00 am
(Note date)

PROVISIONAL PROGRAMME FOR ARCHBISHOP'S VISIT

FRIDAY 20 MAY - Eve of Feast

5.00 pm Reception of His Eminence & Vespers
Dinner for Church Leaders

SATURDAY 21 MAY - Feast of SS Constantine & Helen

10.30 am Hierarchical Holy Liturgy
Affresco Lunch for all - offers of foods (including national foods) to George Harrison (07-869-488-842)

5.00 pm Vespers

Sunday 22 May - Fourth Sunday of Pascha

10.30 am Hierarchical Holy Liturgy
Refreshments & "Ask the Archbishop" session

St Helen's Chapel, Maidenburgh St, High St

St Helen's is 200m down behind the George Hotel in the High Street, but accessible from there only on foot. By car: leave Middleborough Roundabout (between dual carriageways Westway and Balkierne Hill), to Northgate, go straight along St Peter's Street to Castle Park; continue round the bend, up into Maidenburgh Street. The nearest car park is Nunns Road NCP, off St Peter's Street.

Saturday: Great Vespers usually 4.30 pm (check before coming)

Sunday: Mattins 9.45 am (or Hours 10.15 am), Divine Liturgy 10.30 am

Confessions: Saturday 5 pm, after Vespers, or by arrangement
Holy Marriage, Baptism, Funerals, Memorials etc: by arrangement

Parish Priest: Father Alexander (Alistair) Haig

17 Maidenburgh Street, Colchester CO1 1UB

Tel: 01-206-530-530 Mob: 07-947-047-201 Eml: parishpriest@orthodoxcolchester.org.uk

Rdr Andreas Moran, 6 Woodlands, Welshwood Park CO4 3JA Tel: 01-206-865-697

Churchwardens: David Davies 01-473-745-167 Dusan Radunovic 01-206-762-553

The Parish of St Helen is Registered Charity No. 1134418

Bank account: Sort Code 20-22-67 Account No. 50349364

Parish Website: <http://www.orthodoxcolchester.org.uk>

At St James Anglican Church, Beatrice Rd, Clacton-on-sea CO15 1LE

Divine Liturgy: usually third Saturday of month 10.00 am

