

Holy Orthodoxy: Faith in Christ for the modern world

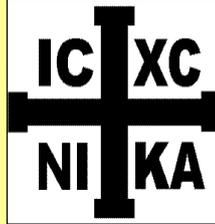
Orthodox Parish of St Helen of Colchester

Antiochian Orthodox Christian Archdiocese
of the British Isles and Ireland

Metropolitan: His Eminence Archbishop Silouan

NEWSLETTER 257

NOVEMBER 2018



WEEKDAY LITURGIES AT 9.30 AM

Thursday 8 November

HOLY ARCHANGEL MICHAEL

Wednesday 21 November

ENTRY OF THE THEOTOKOS INTO THE TEMPLE

Friday 30 November

HOLY APOSTLE ANDREW THE FIRST-CALLED

11 November, a St Martin's Day Special Collection for the Appeal

This is a busy day this year, commemorating:

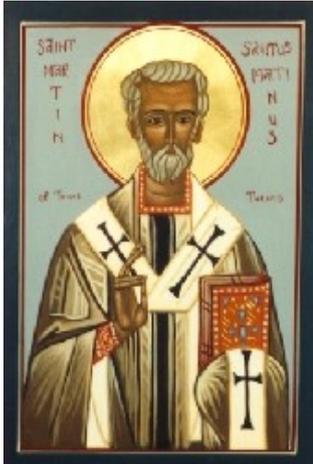
- the feast of St Martin the Merciful, the Orthodox Bishop of Tours in central France, who died in AD 397,
- The feast of St Menas the Martyr in Egypt,
- *Armistice Day*, centenary of the conclusion of the first World War in 1918 - ending a devastating conflict still affecting the world today.

All these events connect together. The fighting officially ended that particular day to please the French, who honour St Martin as patron saint of their country.

We shall honour the War dead of all countries with the usual Act of Remembrance and the two-minute Silence.

And the shrine of St Menas at El Alamein in Egypt, witnessed one of the great battles of the *Second World War*, which happened partially as a result of mistakes made after the *First World War*.

St Martin is also important of course in the life of our own parish. His feast falls in the midst of this great Appeal to raise funds to buy the precious temple built in



Colchester in his honour.

So we are having a SPECIAL COLLECTION in church on 11 November itself, and again a week later on 18 November to give everyone an opportunity to give a little extra to the Appeal.

God will bless you for your generosity. May St Martin's prayers guard and protect you.

Father Alexander

ST HELEN'S APPEAL FOR ST MARTIN'S

St Martin's is in West Stockwell Street, two minutes' walk from St Helen's, and close to the Town Hall

Raised so far: **£ 95,911** plus promises

- CHEQUES may be sent to the address below, made out to:
St Helen's Appeal for St Martin's
- BANK TRANSFERS: use these codes:
IBAN: GB05BUKB20226780219819
Bank Sort Code 20-22-67
Appeal Account No. 80219819
PAYPAL: available on the Appeal website
- APPEAL WEBSITE: orthodoxcolchesterappeal.org.uk
- FACEBOOK: *St Martin's Appeal*

Please support us in restoring an important and beautiful building to its original and proper use and in providing an Orthodox parish church "for our children and our children's children"
17 Maidenburgh Street, Colchester CO1 1UB, UK

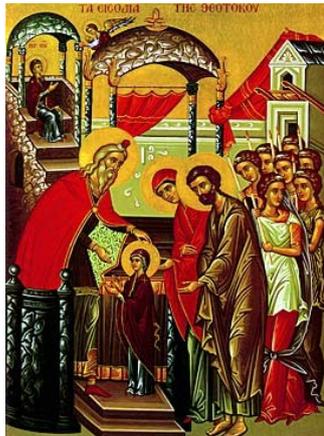
Enter the Temple with the All-Holy One

At three years old, the Holy Virgin is brought by her parents Joachim and Anna to the Temple of Jerusalem and presented to the Priest. She does not look back, but runs eagerly to Zechariah, and spends the years of her childhood there in the Temple with the other consecrated girls.

Mary of course is an example to us. We can be given to Christ at any age—and the devotion of children to Christ can be beautiful and moving.

We should be teaching our children to love Christ and his Church, to learn to take part in worship in the temple, to pray to him privately, to lead good, devout lives.

If we have not had the advantage of knowing and loving Christ from an early age, we can learn to enter the holy Temple at any age, and to serve him faithfully then.



CLACTON
HOLY
LITURGY
Sat 17 Nov
10.00 am

Feast: 21 November

APPEAL GIFTS - If you pay tax in the UK you can "Gift Aid" your donation and increase its value to us by 25%, at no cost to you! You can even do it on a donation already given. Just ask, and we can arrange it.

St Helen's Chapel, Maidenburgh St, High St CO1 1UB

St Helen's is 200m down behind the George Hotel in the High Street, but accessible from there only on foot. By car: leave Middleborough Roundabout (between dual carriageways Westway and Balcerne Hill), to Northgate; go straight along St Peter's Street to Castle Park; continue round the bend, up into Maidenburgh Street.
Nearest car-park NCP Nunns Rd. Very little street parking available.

Saturday: Great Vespers usually 4.30 pm (check before coming)

Sunday: Mattins 9.45 am (or Hours 10.15 am), Divine Liturgy 10.30 am

Confessions: Saturday 5 pm, after Vespers, or by arrangement

Holy Marriage, Holy Baptism, Funerals, Memorials etc: by arrangement
Children of St Helen (Pre-school & Primary): normally first Saturday 3.15 pm

Parish Priest: Father Alexander (Alistair) Haig

17 Maidenburgh Street, Colchester CO1 1UB

Tel: 01-206-530-530 Mob: 07-947-047-201 Eml: parishpriest@orthodoxcolchester.org.uk

Churchwardens: David Davies 01-473-745-167 Dusan Radunovic 01-206-762-553

Children of St Helen: Sanja Radunovic 01-206-762-553 Silvia Lefley: 01-206-835-715

Orthodox Parish of St Helen: Registered Charity No. 1134418

IBAN: GB05BUKB20226780219819 Bank Account Sort Code: 20-22-67

Bank Account No: 50349364 Appeal Account No: 80219819

Parish Website: <http://www.orthodoxcolchester.org.uk>

Appeal Website: <http://orthodoxcolchesterappeal.org.uk>

At St James Anglican Church, Beatrice Rd, Clacton-on-sea CO15 1LE

Divine Liturgy: usually third Saturday of month 10.00 am (not August)

Here and There

BAPTISM:

- YELISAVETA, daughter of DEAN STANLEY and MARIA TOURINIDOU of Colchester, was baptised in St Helen's in September.
- ANDREAS, son of KONSTANTINOS and JULIANNA GIANNOUTSOS OF Colchester, was baptised in St Helen's in October.

Congratulations to all!

HIS EMINENCE Metropolitan SILOUAN seems to have survived his (we hope) last operation very well, and is now having a time of recuperation at home in Syria. He will be back here in mid-December.

FATHER PAULINUS: Archimandrite PHILIP has moved off to found the Antiochian monastic Brotherhood of SS Peter and Paul in Shropshire, and our friend Father Paulinus - still living and working in Norfolk - has become the part-time Priest-in-charge of Lincoln, Louth and Grimsby. In time he will return permanently to become Parish Priest of the Lincolnshire parishes, with assistants Father GEORGE at Lincoln and Father ALBAN at Louth.

CLIO GEORGE was a regular worshipper with us for some years. Her daughter MARY MORRIS has given the lamp in front of St Nicholas in her memory, and it will be blessed on **Sunday 18 November** at the Holy Liturgy. Memory eternal!

THE NATIVITY FAST always starts on **15 November**, giving 40 days of ascetic practice before Christmas, comparable to the Great Fast (Lent) before Pascha. Details of how to observe it are in Feasts & Fasts for November.

St Andrew is the younger brother of St Peter.

Fishermen down at Bethsaida on the Sea of Galilee near Capernaum, Peter was more the leader of the two, but both were leading members of the Holy Twelve.

Andrew was the first to hear the call of Christ and is therefore named the First-Called. He then brought his brother to Christ.

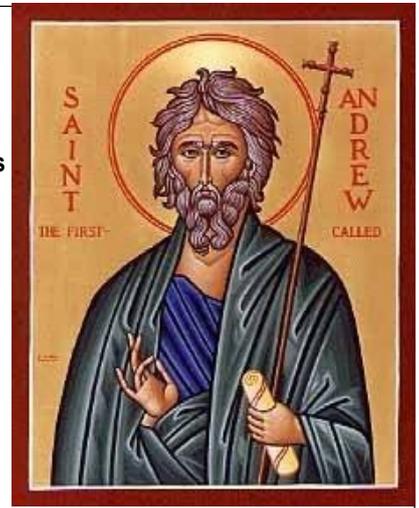
After the Resurrection he preached the Gospel in Greece and the Black Sea area. He is therefore particularly venerated in Russia, Romania, and Greece. His holy relics were taken to Constantinople at one time, but later sent to Rome.

A portion of the relics were taken to Scotland in the ninth century and venerated at the town now called St Andrews.

He became the much-loved patron of Scotland (though his relics there were destroyed at the Reformation). Andrew is often a personal name there, and a church dedication as indeed in Scots places of worship around the world.

In an act of courtesy some years ago, the Pope returned the head of St Andrew to Patras in Greece, the site of his martyrdom, where it is now venerated by the Orthodox faithful.

Feast: 30 November.



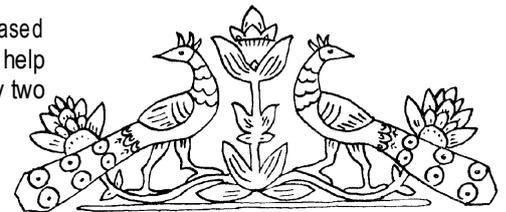
A Choir of Nuns and Sisters from the St Elizabeth Monastery, Minsk, Belarus gave a lovely concert of liturgical and religious songs in St James RC church in October. Some of our folk gave them a bed for the night, and the choir visited St Helen's in the morning to sing some prayers and venerate the holy relic of our Saint. They also got a brief view of the Castle, whose age enchanted them, before departing for their next concert in Peterborough, and leaving here sweet memories. Many years, Mothers and Sisters!

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CLEANER FOR THE HOUSE: As we attain increased years, Khouria HILARY is looking for someone to help clean the house - a permanent, paid job, probably two hours per week. Please contact her.



A Word from the Fathers: St Edmund of East Anglia

Martyred by the Danes 20 November AD 870, probably at Hoxne, Suffolk

Edmund the blessed, King of the East Angles, was wise and honourable, and by his excellent conduct, ever glorified almighty God. He was humble and devout, and continued so steadfast that he would not yield to shameful sins, nor bend aside his practices in any direction, always mindful of the counsel that if you are made a chief, do not exalt yourself but be amongst men as one of them. He was bountiful to the poor and to widows, even like a father, benignly guiding his people towards righteousness, controlling the violent, and living happily in the true faith. At last the Danes came with a fleet, harrying and slaying widely over the land...Hingwar sent a threatening message to King Edmund, who...said...Say to your cruel lord, Edmund the king will never bow in

life to Hingwar the heathen leader, unless he will in faith first bow in this land to Jesus Christ.' ... Edmund stood within his hall, mindful of the Saviour and threw away his weapons, desiring to imitate the example of Christ...Then those wicked men bound Edmund, shamefully insulted him and beat him with clubs and afterward led the faithful king to a tree, tied him to it with hard bonds, and scourged him, while with true faith he called between the blows on Jesus Christ...They shot at him with javelins...When Hingwar the wicked seaman saw the noble king would not deny Christ...he commanded men to behead him, and while he was still calling on Christ, the heathen drew away the saint and with one blow struck off his head; and his soul departed joyfully to Christ.

NOVEMBER DAYS

Thu	1	Unmercenary Cosmas & Damian
Sat	3	S Winifred of Wales
Sun	4	Pentecost 23
Tue	6	S Iltyd, Abbot of Llantwit Major
Wed	7	S Willibrord, Apostle of Frisia
Thu	8	Synaxis of Archangel Michael & the Bodiless Powers
Fri	9	S Nektarios Kephala
Sun	11	Pentecost 24, S Martin the Merciful, S Menas of Egypt
Tue	13	S John Chrysostom, Archbishop of Constantinople
Wed	14	H Apostle Philip of the Twelve, S Gregory Palamas
Thu	15	Beginning of Nativity Fast
Fri	16	H Apostle & Evangelist Matthew
Sat	17	S Hilda of Whitby
Sun	18	Pentecost 25
Tue	20	S Edmund, King & Martyr
Wed	21	Entry of the Mother of God into the Temple
Fri	23	S Alexander Nevsky
Sun	25	Pentecost 26, Great Martyr Catherine of Alexandria
Mon	26	S Stylianos, protector of children
Thu	29	Hieromartyr Philomenos, Guardian of Jacob's Well
Fri	30	H Apostle Andrew the First-called